



THE PARANOID'S PLAYBOOK

A Guide to Healthy Skepticism



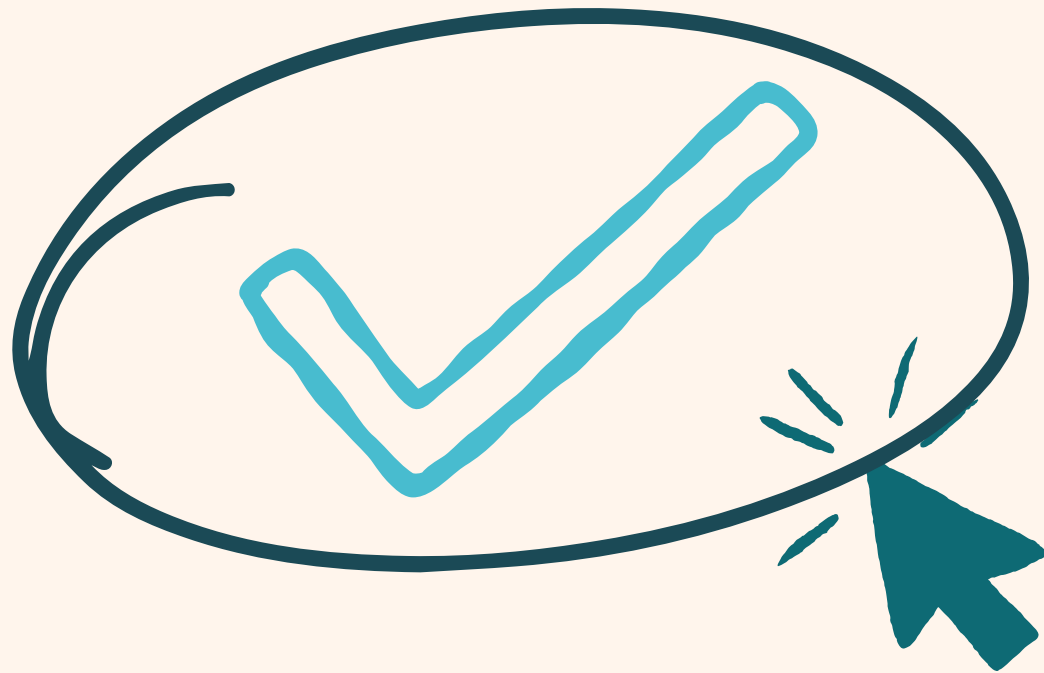


Question Everything

#1

Embrace a mindset of curiosity and skepticism. When faced with a request for personal data or an unexpected communication, don't hesitate to ask questions. Verify the legitimacy of the request through official channels before taking any action.





Verify, Verify, Verify

#2

Trust, but verify. Whether it's a phone call from a purported colleague or an email from a vendor requesting payment, don't be shy to verify the identity of the individual or the authenticity of the communication.



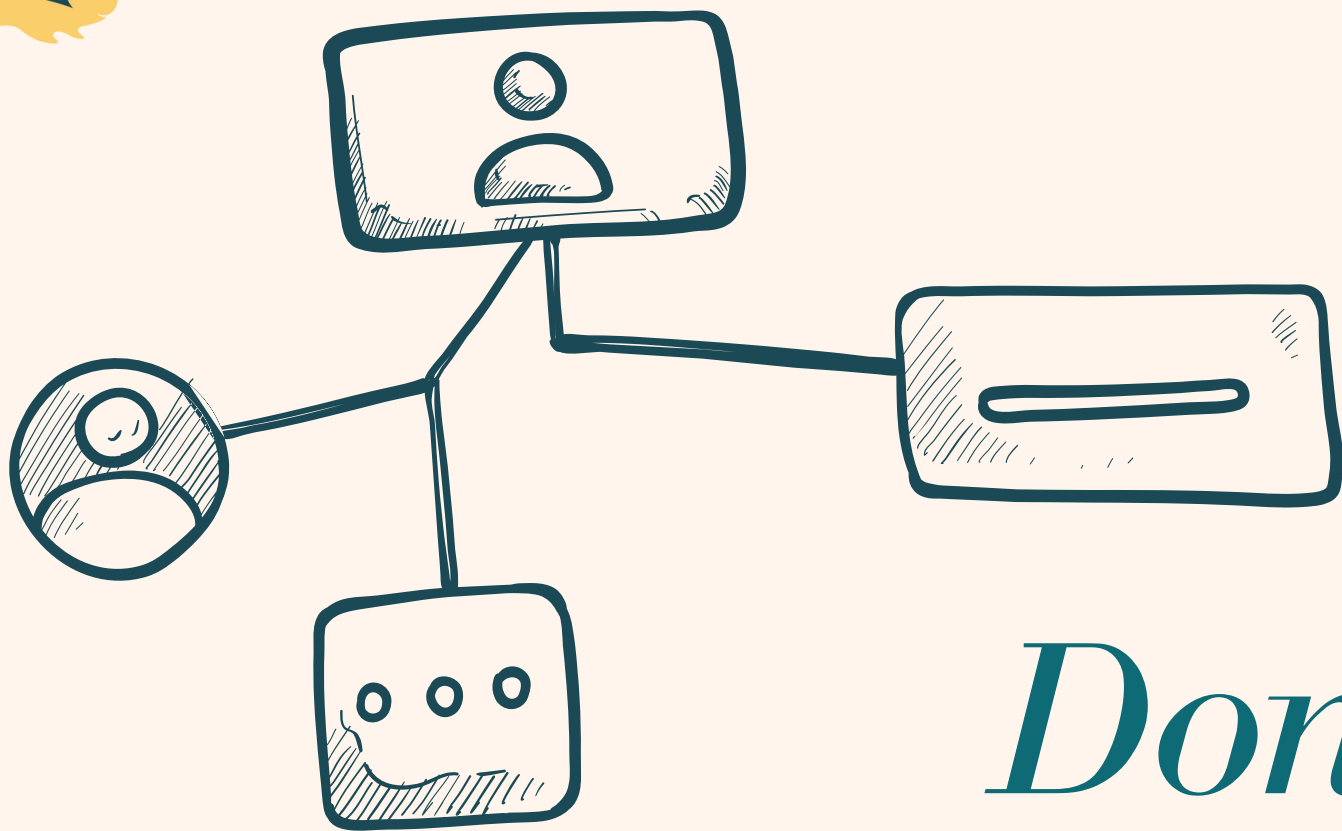


#3

Recognize Red Flags

Stay vigilant for common signs of phishing attempts and scams. Look out for spelling and grammatical errors, unusual email addresses or URLs, and requests for personal data. Be especially wary of urgent or overly persuasive messages designed to elicit an immediate response.





#4

Don't overshare


Be cautious about sharing personal data online, including your full name, address, date of birth, and financial information. Avoid oversharing on social media platforms, as this information can be exploited by cybercriminals.





REMEMBER

Skepticism is not about being paranoid—it's about being proactive and vigilant in safeguarding your digital assets and personal data.

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